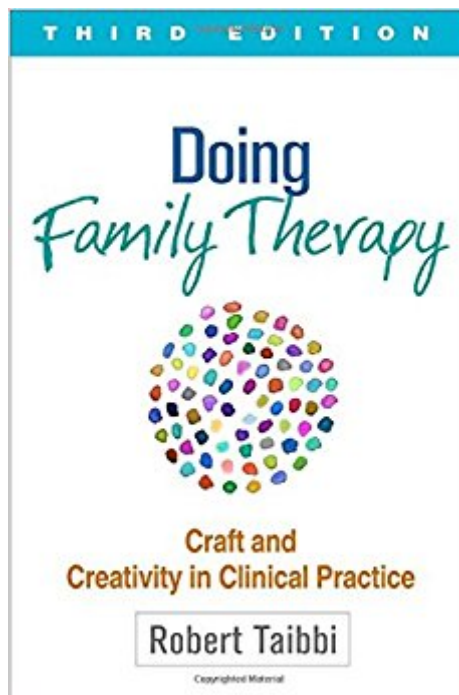




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Doing Family Therapy, Third Edition: Craft And Creativity In Clinical Practice



Synopsis

Featuring rich case examples, this book has helped tens of thousands of students and therapists build the skills and confidence needed to tackle the full range of issues that families bring to therapy. Rather than advocating one best approach, Robert Taibbi shows that there are multiple ways to guide families and harness their strengths. The book maps out the challenges and process of the beginning, middle, and end stages of treatment; presents creative strategies for assessment and intervention with parents and kids of all ages; analyzes how working with individuals can effect helpful changes in couples and families; and offers practical tips for overcoming common roadblocks. End-of-chapter reflection questions and experiential exercises encourage readers to develop their own clinical style. New to This Edition *Reflects the author's clinical experience and recent advances in the field. *Extensively revised chapter on core concepts: process, patterns, problems, and resistance. *More detailed recommendations for conducting the first session and doing assessments. *Quick-reference guidelines for treating frequently encountered adolescent problems. See also the author's *Doing Couple Therapy, Second Edition: Craft and Creativity in Work with Intimate Partners*.

Book Information

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Customer Reviews

"A refreshingly practical insider's guide to the day-to-day work of family therapy. Taibbi opens his practice and invites us to experience the adventure of being a family therapist. He mentors the reader with wit and wisdom, creativity and conviction. Filled with fresh insights and inspiration, this

book provides clinicians with clear direction and confidence for taking on the complexities of family work. It is a tried-and-true resource for both novice and experienced practitioners."--James L. Furrow, PhD, Evelyn and Frank Freed Professor of Marital and Family Therapy, Fuller Theological Seminary "If I were to recommend only one family therapy text to a graduate student, this would be it. The third edition is an outstanding, thorough update that skillfully weaves in new insights from neuroscience, medicine, mindfulness, and trauma research. Most important for any beginning family therapist, the third edition is even more chock full of creative techniques for managing each clinical moment and the whole arc of family treatment. I've been practicing for 45 years, and I find *Doing Family Therapy* to be stimulating and clinically wise, as well as fun. It reminds me of why I fell in love with family therapy in the first place."--David C. Treadway, PhD, private practice, Weston, Massachusetts "Looking for an introduction to family therapy that is comprehensive, practical, and engaging? Try this book. In a disarmingly entertaining style, Taibbi addresses fundamental aspects and challenges of doing family therapy with acumen and depth."--Harry J. Aponte, MSW, LCSW, LMFT, Department of Couple and Family Therapy, Drexel University "Doing family therapy can be challenging even for the most experienced of us--and for beginners it can be an ordeal for both the family and therapist. That is why this book is such a valuable resource. Taibbi draws from a variety of approaches and integrates them smoothly into a highly pragmatic work that includes concrete advice and realistic examples. I recommend it for novice therapists, who will take comfort in the clarity of Taibbi's guidance, as well as veterans, who will find plenty of material with which to identify and compare notes."--Richard C. Schwartz, PhD, Department of Psychiatry, Harvard Medical School/Cambridge Health Alliance "Taibbi offers us front-row seats for observing the heart and soul of family therapy at its best. With depictions of challenging family cases, he does a brilliant job of bringing to life the importance of passion, courage, risk taking, and humor in clinical work. This is a great resource to turn to for practical family therapy tools and strategies--and for a strong dose of inspiration when feeling stuck."--Matthew D. Selekman, MSW, LCSW, Director, Partners for Collaborative Solutions, Evanston, Illinois "In the third edition of this excellent text, we are reinvited into the world of actually doing family therapy--as opposed to merely learning about theories and techniques. Taibbi has done it again, providing an eminently helpful resource for students. The book is replete with all the wonder, anxiety, joy, frustration, and courage that surrounds the choice to work in and with the power of living human family systems. My students loved the prior edition, and I plan to use the third edition in my Family Therapy class in the fall."--J. Vincent Nevins, PhD, LMFT, Counseling Psychology Department, Dominican University of California "I've used *Doing Family Therapy* for my Clinical Social Work Practice: Couples and Families course for 10 years.

Master's students love this book because of Taibbi's personal, relatable writing style. He builds excellent rapport with the reader and utilizes the clinical relationship to model and teach through the text. The use of case examples for every therapeutic principle grounds the material in real-life clinical experience and helps to alleviate some of the anxiety that often plagues new therapists. Students also find the end-of-chapter 'Looking Within' exercises to be especially beneficial, especially when we expand on them in class discussion. The third edition more clearly identifies the elements of the process of doing family therapy, with remarkably sensitive methods and strategies for holding, framing, working in, and managing those processes."--Victoria A. Fitton, PhD, LMSW, ACSW, MSW Program Director, Michigan State University

Frequently, the mere notion of managing more than one client in the room, managing clients of different ages, or managing the intensity of family interactions is intimidating for clinicians of any experience level who are just coming to family work. Taibbi's book would be a useful place to start for beginning family therapists and clinicians from other disciplines beginning to do family therapy." (on the second edition) (Journal of Marital and Family Therapy 2015-03-09)

"Robert Taibbi, a seasoned clinician, writes with an integration of intellectual confidence and empathy that is inviting to the beginning therapist. At the same time, this book provides an avenue for a more seasoned therapist to pursuing ongoing development. The text is substantive with a powerful reinforcement of pragmatic, sound principles that are integral to the practice of family therapy, regardless of the theoretical approach. The logical, organized presentation of topics helps organize the therapist's thinking about managing the family therapy process, beginning with the elements that serve as a foundation on which a family therapist develops skill, and progressing to strategies for ongoing skill development." (on the second edition) (Bulletin of the Menninger Clinic 2015-03-09)

Robert Taibbi, LCSW, has more than 40 years of experience as a clinician, supervisor, and clinical director, primarily in community mental health, and is currently in private practice in Charlottesville, Virginia. He is the author of several books, including *Doing Couple Therapy*, as well as over 300 magazine and journal articles, and writes a column entitled *Fixing Families* for *Psychology Today* online. He provides training both nationally and internationally in couple therapy, family therapy, brief therapy, and clinical supervision.

The author breaks comprehensive knowledge down to one's understanding. To me, just reading the first page caused me to jump in with both feet and continual reading. It has often been said, "you have to be able to capture one's audience." A person can know the subject matter, and not know

how to break knowledge down. Taibbi book does not present this. I highly recommend the book to marriage therapists.

This is required master's level text. I find it well-written and very good examples are provided. This is one of those texts that will be a "keeper" as I find it very informative and easy to reference material. Highly recommend.

I love how Taibbi writes. He's very personable and easy to relate to and understand. One of the best textbooks I've been required to read.

Reading this book is like eating steak every night. Taibbi has over 40 years' experience and it shows. The material is easy to read and valuable for anyone conducting therapy. If you want to do that, buy and read it!

This book is full of tips for doing family therapy. Definitely recommend to anyone in the profession!

as described, perfect condition

Arrived in great condition.

Great book!

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